

The Suitland Civic Association, Inc.
 in conjunction with
 Mission First Housing Group
 &
 L.A. Bolden Company
 presents



Celebrating Seniors Summit 2016



**Saturday
 June 4th, 2016
 12 noon - 4:30pm**

**Suitland Community Center
 5600 Regency Lane
 District Heights, MD 20747**

Open to the public
 For additional information
 please contact the SCA
 @ 301-485-9766
 If you have a disability
 and will need special
 accommodations,
 please notify
 us immediately.



**Keynote Speaker
 Senator Joanne C. Benson**

- Free**
- Door Prizes
 - Giveaways
 - Food

Special Topics

- Holistic Health for New You
- Seniors Jobs and Entrepreneurism
- New Senior Housing Opportunities
- County Resources for Seniors
- Estate Planning
- Fraud Protection

Special Activities

- Healthy Cooking Demos
- Health Screenings
- Senior Fitness Class
- Free Massages
- Rain Barrel Demo

Sponsors



and many more....